

Good Green Death Project Newsletter October 2019



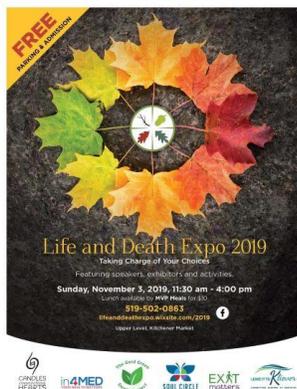
Forests!

I'm reminded weekly why the Good Green Death Project is so important to me. The City of Kitchener offers free, guided weekly yoga hikes at Huron Natural Area as well as shinrin-yoku or forest bathing sessions. I encourage you to regularly take a walk in the woods near you and breathe in the forest, feel your blood pressure drop and let your stress and worries fall away. The appeal of "becoming a tree after I die" resonates with me as I know it does for many of you. Walk gently on this beautiful planet!

Where the GGDP has been

Since the last GGDP newsletter in April of this year, the GGDP has either presented or been an exhibitor (or both!) at the following:

- April 27, 2019 EcoMarket Conference and Marketplace (Kitchener)
- April 28, 2019 Hanover Mennonite Church (Hanover)
- May 4, 2019 Funeral and Memorial Society (FAMS) AGM (Kitchener)
- May 25, 2019 CANSEE Flashtalk (Waterloo)
- June 13, 2019 Turn the Next Page retirement group (Waterloo)
- Sept 26, 2019 Compost Council of Canada National Conference (Guelph)
- Oct 19, 2019 Modern Death Expo (Elora)



Coming Up!

The Life and Death Expo on November 3, 2019 is a collaboration between the GGDP and five other independent business and social enterprises to guide you to **Take Charge of Your Choices** in your senior years and beyond. There will be speakers, exhibitors and interactive activities. MVP Meals will be open for a healthy lunch at a very reasonable price.

The event is free, will run from 11:30 am to 4:00 pm on the upper level of the Kitchener Market. Check out the [website](#) and [Facebook](#) page for more details on the organizers/sponsors, activities and exhibitors.

REEP Green Solutions

The GGDP is delighted for a return engagement as part of REEP Green's ongoing sustainable living series. Saturday November 23, 2019 from 1:30 to 2:30 pm at Evolv, 420 Wes Graham Way in Waterloo. Evolv is the first net-zero building in Waterloo and there are plenty of electric vehicle charging stations! The workshop is \$10 and you can register [here](#).

The Vision of the Good Green Death Project is to make our last act on Earth regenerative and sustainable.



Thinking outside of the casket...

Regulations and Legislation

We've met with both City of Waterloo and Kitchener staff and councillors, and MPPs Mike Schreiner and Catherine Fife, with ongoing communication with senior staff at the Ministry of Government and Consumer Services, and Carey Smith, the Registrar of the Bereavement Authority of Ontario (BAO).

The hurdles lie here because we know that "natural organic reduction" works. Farmers have been returning their deadstock to soil for decades.

Although Ontario legislation allows for Alternative methods of disposition, the details have to be spelled out in regulations. Washington State is the only jurisdiction in the world to legalize this method ... so far. We are working to incorporate Washington's legislation into Ontario's. The BAO would like human trials to be conducted here, as the only trials have been conducted at Washington State University for Recompose by Dr Lynn Carpenter-Boggs, a soil scientist. We need to create a prototype composting vessel and process that is both respectful and dignified. We are looking for land that needs to be protected or turned into a forest cemetery that will be protected in perpetuity. And then we'll need the money to do all this and keep the Good Green Death Project community-based and affordable.

Also delighted to report that S.S. Ahmad has joined us to draft the GGDP Business Case and Business Plan to help us move forward!

Let us know how you can help.

Funding and Membership

The Good Green Death Project is entirely volunteer-run with minimal funding, driven by passion and personal interest. Our current expenses include website hosting and domain name fees, building a resource base for future events, and incorporation costs.

Donations are gratefully received to help us cover these expenses, and deposited into a dedicated account at a local credit union. Email money transfers are preferred using info@goodgreendeadproject.ca

You can reach us at info@goodgreendeadproject.ca to subscribe, unsubscribe, become a member, volunteer, ask questions, invite us to speak, and share your thoughts...your time...your expertise...your money... ;-)

Follow us on our [Website](#), [Facebook](#) and [Twitter](#)!

Photo: *rare* Charitable Research Reserve by Susan Koswan



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